

Power To Choose Twelve Steps To Wholeness

Understanding the Twelve StepsThe Praeger International Collection on AddictionsPower to ChooseIt Takes A FamilyWhy Can't Church Be More Like an AA Meeting?The Complete Handbook for Recovery Ministry in the ChurchThe Twelve Steps for Everyone ... who Really Wants ThemThe Library of Choice Literature and Encyclopedia of Universal AuthorshipVoices from the InsideThe Library of Choice LiteratureThe Twelve-Step JournalChoosing HappinessA Hunger for HealingChoosing a BibleMessageKiplinger's 12 Steps to a Worry-Free RetirementThe Library of Choice Literature and Encyclopædia of Universal AuthorshipIf Only You Would ChangeOffending WomenThe Praeger International Collection on Addictions Terence T. Gorski Angela Brownemiller Ph.D. Mike O'Neil Debra Jay Stephen R. Haynes Bill Morris Grateful members Ainsworth Rand Spofford Chinyere Ogbonna Ainsworth Rand Spofford Claudette Wassil-Grimm Stephanie Dowrick Keith Miller Steven M. Sheeley Daniel M. Kehrer Ainsworth Rand Spofford Mark Joseph Luciano Julie A. Beck Angela Browne Miller

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offers information on understanding and applying the steps in everyday life and interprets the principles behind the aa program

only the very rare among us are completely unscathed by the effects of addiction our own that of a family member friend or coworker even the addictions of strangers from the drunk driver or drug addict to gambling food spending or violence addicted people may subject us to dangers threaten our well being and drain money from our pockets recent national estimates in just the us show that substance abuse and addiction alone cost taxpayers a total of nearly 500 billion a year in these volumes experts from around the world present the newest issues research and insights into addictions of all kinds led by angela browne miller director of the metaxis compulsive and habitual behaviors institute in california this team of contributors includes scholars and practitioners from the united states canada the united kingdom sweden thailand africa and russia topics range from drug addiction among male female teen and aging populations and among white hispanic black asian native american and other groups using liquor cocaine methamphetamine khat and or other lesser known drugs to behavioral addictions including online gaming excessive buying and eating disorders chapters also address issues including addiction as a public health problem and the politics of drug treatment policies treatment methods for addictions from electrotherapy to holistic approaches are addressed as are spiritual psychological and cross cultural issues involved the experts behind these chapters include those from the university of california berkeley johns hopkins school of medicine and purdue university to mcgill university nottingham trent university and the all india institute of medical sciences

a christ centered book workbook to help individuals access god s power for making life changing decisions over life controlling problems

as the coronavirus pandemic isolates us from many of our circles the power of family connections to help loved ones succeed in recovery is as essential as ever counselor and interventionist debra jay shows alcoholics other addicts and their loved ones how to work collaboratively and as individuals to take on the roles and responsibilities that support long term sobriety most books on recovery from addiction focus either on the addict or the family while most alcoholics and addicts coming out of treatment have a recovery plan families are often left to figure things out for themselves in it takes a family debra jay takes a fresh approach to the recovery process by making family members and friends part of the recovery team beginning in the early stages of sobriety in straightforward compassionate language she outlines a structured model that shows family members both how to take personal responsibility and to build a circle of support to meet the obstacles common to the first year of recovery together family members address the challenges of enabling denial and pain while developing their communication skills through practical easy to follow strategies and exercises designed to create transparency and accountability with this invaluable guide family members work together as they reinvent their relationships without the all consuming dysfunction of active addiction

do christians need recovery or is recovery something needed by the church itself addiction whether to a substance or to a behavior is a problem within faith communities just like it is everywhere else but because churches are rarely experienced as safe places for dealing with addiction co addiction or the legacy of family dysfunction christians tend to seek recovery from these conditions in twelve step fellowships once they become accustomed to the ethos of vulnerability acceptance and healing that these fellowships provide however they are often left feeling that the church has failed them with many asking why can t church be more like an aa meeting inspired by his own quest to find in church the sort of mutual support and healing he discovered in twelve step fellowships stephen haynes explores the history of alcoholics anonymous and its relationship to american christianity he shows that while aa eventually separated from the christian parachurch movement out of which it emerged it retained aspects of christian experience that the church itself has largely lost comfort with brokenness and vulnerability an emphasis on honesty and transparency and suspicion toward claims to piety and respectability haynes encourages christians to reclaim these distinctive elements of the twelve step movement in the process of recovering church he argues that this process must begin with he calls step 0 which as he knows from personal experience can be the hardest step the admission that despite appearances we are not fine

voices from the inside takes readers into the cells of a maximum security prison to reveal the personal accounts of over sixty women that are incarcerated for drug crimes the stories will shock and entertain and will certainly help readers to see more than the statistics behind drug offenses research included in this book examines the history of prohibition in the united states with special emphasis on alcohol and drug prohibition and analyzes empirical data pertaining specifically to the incarceration of female drug offenders in tennessee personal interviews with these women regard the criminal justice processes both before and after their incarceration this book is a must read for those seeking to understand the impact of current drug policies on individuals and the community as well as why these policies are not working

this exciting revolutionary workbook designed for anyone on a twelve step oriented recovery program adapts beautifully to nearly all recovery programs it presents the twelve steps in their original form as well as in alternative secular version and offers exercises and suggestions for journal entries that include topics such as storytelling dreams confessions and conflicts and resolutions

australia s foremost self help author gathers her wisdom into a comprehensive volume for today s time poor readers a modern day bible of personal and social development the message of this book is very simple right now you can be happier you can change the way you think about yourself and other people you can increase self confidence and self trust you can build better relationships including those at work you can manage your life and time you can learn to use your strengths you can be much kinder to yourself and others you can live your life like it really matters this book shows you how stephanie dowrick makes the hard questions simple she makes the impossible real and possible her wisdom is contagious if anyone can cause a happiness revolution she can paul wilson author of the calm books

this series is designed for people christian and non christian who feel some deep and persistent pain and discomfort rather than only for those who are purely seeking a deeper knowledge of god

choosing a bible is a pocket sized brief overview of biblical translations currently available as well as some of the major editions of each translation the book is intended to help readers find their way through the seeming maze of translations and editions of the bible by providing summary descriptions that highlight important facts that should be considered when deciding which translation or edition best meets their needs

with wit and wisdom the editor of independent business magazine explains step by step how to achieve the financial freedom you ll need for a comfortable retirement kehrer provides action plans for every age group advises readers on setting goals getting out of debt and investing wisely for the future

christian couples can save and restore their troubled marriages by using the recovery process to overcome the 1 marriage destroyer resentment the authors tell how to heal build and strengthen a marriage by empowering each partner to take responsibility for his or her part of the relationship

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